

Save at the pharmacy and manage your medications

Get the most from your Welfare Fund Pharmacy plan

Please note: You and your dependents must have your enrollment information on file with the Fund Office in order to access your Teamsters Local 237 prescription coverage.

These programs are an important part of your Welfare Fund Pharmacy plan. They're free services that can help you control your costs and manage your medications.

Choose Generics

Nearly 8 in 10 prescriptions filled in the United States are for generic drugs.*

Generic drugs work just as well as their brand-name counterparts. The U.S. Food and Drug Administration (FDA) checks them for strength, quality, purity and potency.

With the Welfare Fund Pharmacy plan, you can get a brand-name drug if you want, but you'll pay more for it. **If a generic is available, and you choose to get the brand instead, you'll pay the difference in cost between the brand and generic, plus the applicable copay for your plan.**

Get started!

Ask your doctor to prescribe generics when one is available. Most doctors will do this for you. If you're already taking a brand-name drug, you can ask your doctor to change your prescription. If your doctor has a medical reason for you to continue taking a brand-name drug, have them contact Aetna's pre-certification department.

Maintenance Choice

Save a copay on medications you take every day

This program is for drugs that help you control conditions like high blood pressure, asthma, high cholesterol and more. You can save a copay when you get 90 days of your medication at a time. That's because one 90-day supply costs the same as two 30-day supplies when you refill month to month.

Get started!

To fill at your local CVS/pharmacy® store, you'll need to get a 90-day prescription from your doctor first.

— OR —

For mail order, ask your doctor for two prescriptions: One for a 30-day supply to fill right away. The other is for a 90-day supply to send to Aetna Rx Home Delivery®. Choose from these options to send your prescription:

1. Mail the 90-day prescription along with a completed order form. You can access it online. Visit www.aetna.com and log in to your secure member website.
2. Ask your doctor to fax in your new prescription, with your completed order form. The fax number is **1-877-270-3317**. Make sure your doctor includes your Aetna member ID number, your date of birth and your mailing address on the fax cover sheet. Only a doctor may fax a prescription.
3. Call toll-free at **1-888-792-3862**. A representative can contact your doctor on your behalf to attempt to get a new prescription for you.

* U.S. Food and Drug Administration. June 2015. *Facts about generic drugs*. Available at: www.fda.gov/Drugs/ResourcesForYou/Consumers/BuyingUsingMedicineSafely/UnderstandingGenericDrugs/ucm167991.htm

Pharmacy Advisor program

Talk with a registered pharmacist who can help you manage your medications

Tracking and managing your medications can feel a bit overwhelming. But, you won't need to do it alone. With the Pharmacy Advisor program, you can talk with registered pharmacists and technicians who can help you manage your medications and condition.

You'll get:

- Quick, secure advice in face-to-face discussions
- Information about medications and how they work in your body
- Guidance to help you stay on track with your prescriptions

Get started!

You can talk with a Pharmacy Advisor in person when you fill your prescriptions at a CVS/pharmacy store. You can also take advantage of this program by calling toll-free at **1-877-418-4128**. Please call between 9 a.m. to 8 p.m. CT, Monday through Friday, or 9 a.m. to 5:30 p.m. CT, Saturday.

Aetna Rx Step

Try cost-effective medications first

In this program, you may have to try less expensive or more common drugs before a drug on the step-therapy list will be covered. The alternate drugs work the same way and treat the same conditions. But they usually cost much less.

Your doctor might want you to skip an alternate drug for medical reasons. If so, your doctor can contact Aetna's precertification department and ask for a medical exception. Your pharmacist can also ask for an exception for antibiotics and pain medicines.

Get started!

Examples of medications that are usually subject to step therapy are Cymbalta®, Abilify®, Diovan® and Lipitor®. To see if your medications require step therapy, call member services at **1-855-352-1599**. Not all step-therapy programs are the same, so be sure to ask about **Rx Step for Local 237**. You can call even if you haven't received your Aetna ID card.

Call 1-855-352-1599 with any questions about the Welfare Fund Pharmacy plan or any of these programs.

Aetna health benefits plans are administered by Aetna Life Insurance Company and include exclusions and limitations. Aetna Rx Home Delivery refers to Aetna Rx Home Delivery, LLC, a subsidiary of Aetna Inc., which is a licensed pharmacy that operates through mail order. Drugs that require step therapy are subject to change. This drug coverage review program is also not available in all service areas. For example, step therapy does not apply to fully insured members in Indiana and New Jersey. However, it is available to self-insured plans. To learn more, please refer to your plan documents or call the Member Services number on your ID card.

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